



Syllabus

HPE 170 Introduction to Logging Sports

General Information

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Author Ryan Staychock

Department Physical Education and Integrated Health Care

Course Prefix HPE

Course Number 170

Course Title Introduction to Logging Sports

Course Information

Catalog Description This course is designed for the student who wishes to learn about Logging Sports in a controlled, safe, and friendly environment. This class is open to all students. Students should have a desire to learn and participate in logging sports events including axe throwing, sawing, axe chopping and canoeing. Skills in Logging Sports will be refined and integrated into concepts of team play. Students will learn about the sport as experienced in the North East Collegiate Division. Competitive opportunities within the conference and region will be covered as part of this course. Models for effective team building will be discussed. All FLCC students are encouraged to register for the course to learn about a unique sport.

Credit Hours 1

Lecture Contact Hours 0.5

Lab Contact Hours 1.5

Other Contact Hours 0

Grading Scheme Letter

Prerequisites

None

Co-requisites

None

First Year Experience/Capstone Designation

This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category

None

FLCC Values

Institutional Learning Outcomes Addressed by the Course

Vitality and Perseverance

Course Learning Outcomes

Course Learning Outcomes

1. Practice safe and friendly athletic competition (e.g., use of equipment, safety procedures, and scoring) according to the norms of the Northeast Collegiate Division of Logging Sports.
2. Demonstrate basic skills in a variety of logging sport events (e.g., sawing, axe throwing, fire building, and canoeing).

Outline of Topics Covered

- **History of Logging Sports with particular emphasis on the North Eastern United States intercollegiate competitions.**
- **Introduction to NE Collegiate Division standard practices including teams, events, scoring, and general rules.**
- **Introduction to tools (axes, saws, peaveys, etc..) and general maintenance required.**
- **Introduction to safety gear, and safety practices**
- **Process for selecting teams**
- **Fundamentals of sawing, swinging an axe, pole climbing, chain sawing, fire building, cross cut sawing, canoe racing.**

Program Affiliation

This course is not required as a core course in any programs.